

# MABEL'S CHITCHAT

The Best Cook In America, Who Didn't Make Good.

## DINNER ALL IN THE SOUP.

Confusing Results That Ensur From Reading Magazine and Newspaper Stories About What to Eat and What Not to Eat.

My Dear Elsa—I have such a good joke on Dick. You know, the dear boy was recently hunting in Canada, and just before he started for home I received this telegram: "Am bringing on the best cook in America. Get ready the fatted calf."

Well, dear, you know how excited I was at the prospect of acquiring such a domestic prize, for between you and me I had reached a state when anything that could cook potatoes was a blue ribbon winner. And my neighbors were almost as excited over the "find" as myself.

In a few days Dick came breezing in, and following after him in a shambling fashion appeared a woman without a hat, attired in a bright red sweater, a yellow skirt and necktie. Closer view elicited the fact that she was a full blooded Indian squaw. I bore the shock of the discovery "manfully" for Dick's sake, merely inquiring her name. "Gwendolyn," he replied, "and she's the finest cook in America, and, so to speak, we own her."

Trying to feel hopeful about our recently acquired possession, I introduced Gwendolyn to Nora, our second girl, and then initiated her into the mysteries of the kitchen. Next day Gwendolyn took hold in good earnest, and, feeling secure in the culinary ability of my prize, I invited several of our nearest friends in to have dinner. Time passed, and the assembled guests expectantly awaited dinner—assembly and waited. At last, with some misgivings, I sought the kitchen, and as I opened the door a most alarming volume of smoke greeted me. I returned to the dining room with the report that it might be all right, but Gwendolyn didn't seem to understand the use of coal exactly. She had built a kind of bonfire on top of the range. I refrained from looking at Dick during the recital.

Well, Elsa, dear, there was a long and ominous pause. Then the door swung open and Nora entered with the largest turkey I own in her hands. She set it down in front of Dick with a thump and a swash.

"It's for you to serve it," said she. "It ain't soup; it ain't roast; it's Injun stew, and I'm leaving this place tomorrow."

Nora retired. It was evident she was emotionally stirred.

"Dick," I cried appealingly, "what is it?"

Dick gingerly removed the turkey cover and ladled forth a conglomerate mixture. The dinner was in the soup, literally and entirely, from oysters to cheese, while the sizzling roast appeared ignominiously cut into chunks swimming in the midst. A shout went up from the company, and in a chorus we gasped:

"Why did you think she could cook?"

"Why," explained Dick, "you just ought to have tasted the ducks she roasted for us. Hung 'em up by the necks, you know, and turned them round and round. George, they melted in your mouth! They were wonderful. We drew lots, the fellows and I, to see who should bring her home with us. I can't understand how she made this mess."

"Dick," I laughingly interrupted, "what else did she cook for you?"

"Well, if you had tasted those ducks you would have said that was enough."

What did we do for dinner? We phoned for a taxi and beat it to the nearest good hotel for a square meal.

Dick? Well, he hasn't complained about any of the awful things served up to us by ladies of various countries and principalities who have reigned in our kitchen since the departure of his rare avis.

I'm afraid you are heartily tired of the "eats" subject, but while on the warpath doesn't it make you tired the advice one gets from magazine and newspaper stories on what to eat and what not to eat?

After conscientiously perusing a score or two of these articles you find that meat heats the blood, clogs the liver and spoils the complexion; that fish contains the germ of leprosy and shellfish harbors ptomaines; that the starch tucked away in wheat, rice and potatoes is the source of untold ills and sugar causes rheumatism and gout, fruit teems with dysentery, raw vegetables are a mass of indigestible cellulose and cooked vegetables are only a degree less so, eggs are not always particularly nourishing and decidedly indigestible and spices are poison pure and simple.

You discover in another article perhaps that tea is a fearsome alkaloid, causing dyspepsia and shattered nerves, and that coffee is more so, while milk

is the actual transmitter of tuberculosis. I really was in a state of collapse when I read that too many hearty meals wear out the stomach and too light ones cause general debility. Now, what is a poor mortal to do—go on nibbling sweets and drinking sundaes until the bank account dwindles? Write and advise your bewildered

MABEL.

Talcum Aid to Sewing.  
Talcum powder is a useful help in sewing. It keeps the palms and inside of the fingers from becoming sticky and does not injure any fabric.

## Library Notes

By Mrs. E. C. Watson Librarian

New books just received for the public library are:

Man in the Light of Evolution, J. M. Tyler; Foot Notes to evolution, D. S. Gordon; Psychology of Reasoning, W. B. Pillsbury; Introduction to American Literature, Brander Mathews; Poems, John Milton; Love Lyrics, J. W. Riley.

Books loaned by Stake Primary:

Bound copies of Children's Friend, 3 volumes; Ethics of Success, Thayer; Every Day Living, A. P. Call; Moral Instruction of Children, Alder; Leaves from My Journal, Wilford Woodruff; Story Hour, K. D. Wiggins; How to Make Baskets, Mary White; Old Time Stories, L. R. Smith; Robinson Crusoe, J. D. Cowles; Shepherd Psalm, M. M. George; Visit from Mr. and Mrs. Santa Clause, Kellogg; How Little Cedric Became a Knight, Smith; Thanksgiving Stories, F. O. Payne; Vision of Sir Launfal, Lowell.

Presented by Ada B. Leigh, "Beulah," A. J. Evans.

We appreciate the fact that another of the teachers of the grammar schools has taken advantage of a book mending day, as the lesson is such an important one to our boys and girls. Last Saturday Miss Janie Wilkinson and the librarian, with the efficient services of Mona Urie, Libbie Gower, Leslie Fletcher and Chester McGuire, cleaned and repaired all the books in that department. If all the teachers would adopt this plan it would mean the saving of hundreds of dollars to our school treasury. The coming year our text books will be changed in our schools, yet we notice that new books have been purchased for several of the grades only to be used one school year, when with proper care one set of books would last the entire five years. What are we going to do about it? Now is the time to consider this problem.

## AGED CITIZEN IS BADLY INJURED

Wednesday morning Uncle John Urie of Hamilton's Fort was seriously injured while assisting in the hitching of a wild colt.

Mr. Urie, though advanced in years, was assisting in the hitching of a fractious colt. Suddenly the animal made a desperate plunge, knocking Uncle John down and throwing him beneath the wagon. It was at once seen that he was badly injured and a telephone call was sent to this city for medical assistance.

Physicians responded in an auto and made the trip without delay. The injured man was given every attention, and, although he will be confined to his bed for some time, it is said no serious results will follow, which will be good news to his friends, who are legion in this part of the state.

## 27 SACKS WITH \$20,000 EACH

San Francisco, Jan. 27.—City and County Treasurer John McDougald has turned over to Comptroller Rodney S. Durkee of the Exposition \$533,599 in gold coin as the first installment on the Municipal bonds that have been sold for Exposition purposes.

N. W. Halsey & Company turned into the City Treasury \$1,037,074 as payment for the \$1,000,000 worth of Exposition bonds bought at a premium of \$37,074. The Exposition's installment was placed in a truck and taken to the Bank of California and deposited in the name of the Exposition. The money was guarded by representatives of the Treasurer's Office and the Bank of California.

There was \$20,000 in gold coin in each sack. There was 27 sacks.

Old newspapers for sale at The Record office: 20c a hundred.

## Notice for Publication.

(Publisher.)

Department of the Interior, U. S. Land Office at Salt Lake City, Utah, December 17, 1912.

Notice is hereby given that Donald C. Urie, of Cedar City, Utah, who, on December 31, 1909, made Desert Land Entry, No. 05296, for NW $\frac{1}{4}$ NE $\frac{1}{4}$ , Sec. 33, SW $\frac{1}{4}$ SE $\frac{1}{4}$ , S $\frac{1}{2}$ SW $\frac{1}{4}$ , Section 28, Township 35 S., Range 11 W., Salt Lake Meridian, has filed notice of intention to make Final Proof, to establish claim to the land above described, before the Clerk of the District Court, at Parowan, Utah, on the 8th day of February, 1913.

Claimant names as witnesses: Joseph Bess, Evelyn Parry, Wm. Houchen and John Urie, all of Cedar City, Utah.

E. D. R. THOMPSON, Register.

First Dec 27—Last Jan. 31.

Any form of legal blanks at The Record office.

## Notice for Publication.

Publisher.

Department of The Interior, U. S. Land Office at Salt Lake City, Utah, December 13, 1912.

Notice is hereby given that James E. Applegate, of Parowan, Utah, who, on July 17, 1907, made Homestead Application (Serial 02633), No. 16916, for W $\frac{1}{2}$ SW $\frac{1}{4}$ , Sec. 22, and SE $\frac{1}{4}$ SE $\frac{1}{4}$ , Sec. 21, NW $\frac{1}{4}$ NW $\frac{1}{4}$ , Section 27, Township 35 S., Range 9 W., Salt Lake Meridian, has filed notice of intention to make Final five-year Proof, to establish claim to the land above described, before the Clerk of the District Court, at Parowan, Utah, on the 31st day of January, 1913.

Claimant names as witnesses: Clarence Pendelton, George A. Lowe, Jr., George Lowe and Samuel C. Mortensen and Robert Davenport all, of Parowan, Utah.

E. D. R. THOMPSON, Register.

First Dec. 27, last Jan. 31.

## Notice to Water Users.

(Publisher)

State Engineer's Office, Salt Lake City, Utah, November 27, 1912.

Notice is hereby given that Alma T. Jones, whose post office address is Cedar City, Utah, has made application in accordance with the requirements of the Compiled Laws of Utah, 1907, as amended by the Session Laws of Utah, 1909 and 1911, to appropriate five-tenths (.5) of a cubic-foot of water per second from unnamed springs in Iron County, Utah. Said water will be diverted at a point which bears south 20 degrees 36 minutes west 6,198 feet distant of the east quarter corner of Section 8, Township 37 south, Range 11 west, Salt Lake base and meridian, from where it will be conveyed by means of a pipe line for a distance of approximately 3,174 feet, and there used during the period from January 1 to December 31, inclusive, of each year, to irrigate 40 acres of land embraced in Section 17, Township 37 south Range 11 west, Salt Lake base and meridian. This application is designated in the State Engineer's office as No. 4812.

All protests against the granting of said application, stating the reasons therefor, must be made by affidavit in duplicate and filed in this office within thirty (30) days after the completion of the publication of this notice.

CALEB TANNER, State Engineer.

Date of first publication Jan. 10, 1913, date of completion of publication Feb. 10, 1913.

## PATENTS

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State of Ohio, City of Toledo, ss.

Lucas County, Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1912.

(Seal) A. W. GLEASON, Notary Public.

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